## GYMNASTICS ONTARIO and Gym Magic Gymnastics Club INFORMED CONSENT AND ASSUMPTION OF RISK AGREEMENT

2020-2021

WARNING! Please read carefully By signing this document, you will assume certain risks and responsibilities

Participant's Name:						
1.	the s Gym	is a binding legal agreement. Clarify any questions or concerns before signing. As a participant in the sport of gymnastics and pectating, orientation, instruction, activities, competitions, programs, and services of Gymnastics Ontario and Gym Magic nastics Club (collectively the "Activities"), the undersigned, being the Participant and the Participant's Parent/Guardian (if cipant is under 18 years old), (collectively the "Parties"), acknowledge and agree to the terms outlined in this document.				
2.	empl	Gymnastics Ontario, Gym Magic Gymnastics Club, and their respective Directors, Officers, committee members, members, employees, coaches, volunteers, officials, participants, agents, sponsors, owners/operators of the facilities in which the Activities take place, and representatives (collectively the "Organization").				
		☐ We have read and agree to be bound by paragraphs 1 and 2				
De	scripti	on and Acknowledgement of Risks				
3.	The F	Parties understand and acknowledge that:				
	a)	The Activities have foreseeable and unforeseeable inherent risks, hazards, and dangers that no amount of care, caution or expertise can eliminate, including without limitation, the potential for serious bodily injury.				
	b)	The Organization may offer or promote online programming (such as webinars, remote conferences, workshops, and online training) which have different foreseeable and unforeseeable risks than in-person programming.				
	c)	The Organization has a difficult task to ensure safety and it is not infallible. The Organization may be unaware of the				
	ŕ	Participant's fitness or abilities, may give incomplete warnings or instructions, may misjudge weather or environmental conditions, and the equipment being used might malfunction.				
	d)	The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization and COVID-19 is contagious. The Organization has put in place preventative measures to reduce the spread of COVID-19; however, the Organization cannot guarantee that the Participant will not become infected with COVID-19. Further, participating in the Activities could increase the Participant's risk of contracting COVID-19.				
4.	The F	Participant is participating voluntarily in the Activities. In consideration of that participation, the Parties hereby acknowledge				
		they are aware of the risks, dangers and hazards and may be exposed to such risks, dangers, and hazards. The risks, dangers				
		nazards include, but are not limited to:				
		Privacy breaches, hacking, technology malfunction or damage.				
		Executing strenuous and demanding physical techniques and exerting and stretching various muscle groups.				
		Vigorous physical exertion, strenuous cardiovascular workouts, and rapid movements.				
	d)	The failure to properly use any piece of equipment or from the mechanical failure of any piece of equipment or apparatus.				
	e)	Failure to follow instructions or rules.				
	f)	Serious injury to virtually all bones, joints, ligaments, muscles, tendons, and other aspects of the Participant's body or to the Participant's general health and well-being.				
	g)	Abrasions, sprains, strains, fractures, or dislocations.				
	h)	Concussion or other head injuries, including but not limited to, closed head injury or blunt head trauma.				
	i)	Physical contact with other participants, spotters, spectators, equipment, and hazards.				
	j)	Collisions with walls, any gymnastics apparatus, floors, or mats.				
	k)	Falling, tumbling, or hitting any gymnastics apparatus, the floor, mats, or other surfaces.				

n) Travel to and from competitive events and associated non-competitive events which are an integral part of the Activities.

I) Failure to act safely or within the Participant's ability or designated areas.

o) Contracting COVID-19 or any other contagious disease.

m) Negligence of other persons, including other spectators, participants, or employees.

 $\square$  We have read and agree to be bound by paragraphs 3 and 4

## **Terms**

- 5. In consideration of the Organization allowing the Participant to participate in the Activities, the Parties agree:
  - a) That when the Participant practices or trains in their own space, the Parties are responsible for the Participant's surroundings and the location and equipment that is selected for the Participant.
  - b) That the Participant's mental and physical condition is appropriate to participate in the Activities and the Parties assume all risks related to the Participant's mental and physical condition.
  - c) That the Participant may experience anxiety while challenging themselves during the Activities.
  - d) To comply with the rules and regulations for participation in the Activities.
  - e) To comply with the rules of the facility or equipment.
  - f) The risks associated with the Activities are increased when the Participant is impaired, and the Participant will not participate if impaired in any way.
  - g) That COVID-19 is contagious in nature and the Participant may be exposed to, or infected by, COVID-19.
- In consideration of the Organization allowing the Participant to participate, the Parties agree:
  - a) That the Parties are not relying on any oral or written statements made by the Organization or their agents, whether in

	of Parent or Guardian (print)	Signature of Parent or Guardian	Date of Birth	
Name			Date of Birth	
	of Participant (print)	Signature of Participant		
8. Th		have read this Agreement and understar t is to be binding upon themselves, their		eement
		that they file a lawsuit against the Organ	ization, they agree to do so solely in th	e Province of
		led to be as broad and inclusive as is per I, the balance shall, notwithstanding, cor		io and if any
	may occur as a result of the A	activities; and	ne Participant's vehicle, property, or ec	
	b) That the Organization is not r			